



# FUTURE FOR NEPAL

## 10-Day Annapurna Sanctuary Charity Trek

This trip offers not only a 10-day high altitude trek to the base of one of the world's highest mountain, but a unique opportunity to see aspects of Nepalese life not available to the ordinary trekker.



Combine this with visits to some of the world's most beautiful heritage sites makes this a trip of a lifetime!!

### **What is this Charity Trek?**

Those brave enough to venture on this trip face one of the hardest challenges of their lives, a 9 night trek to Annapurna Base Camp. But the trip does not end

there; it is centered around giving our trekkers a true feel for Nepal. They will spend 2 nights in Pokhara and 4 nights in Kathmandu, enjoying the wonders that these ancient cities have to offer. Through an organized sightseeing tour in Kathmandu, our trekkers will visit Pashupati (commonly known as the death temple), Swayambhu (commonly known as the monkey temple) and Durbar Square Patan (translated as the King's Square). What makes this trip so special though is that these trekkers will personally be able to witness the activities of FFN through a visit to Alpha and a dinner with our sponsored FFN kids.

### **Why do this Charity Trek?**

With 40% of the trip's costs going directly to Future For Nepal, this charity trek will help us to give more Nepalese children a future they deserve! The money raised will either be used to pay for a specific child to study at Alpha or alternatively to fund a specific community project.

## Outline of the Charity Trek Itinerary

Day	Trek	Altitude	O/N
01	Arrival in Kathmandu	1300 m	Nirvana Hotel
02	Trek briefing, half day sightseeing of Pashupati, Swayambhu and Durbar Square Patan. Visit to Alpha school in the evening and dinner with the sponsored FFN children	1300 m	Nirvana Hotel
03	Fly Kathmandu to Pokhara - Drive to Dhampus	770 m	Lodge
04	Trek to Langdruk	1640 m	Lodge
05	Trek to Chomrong	2170 m	Lodge
06	Trek to Dovan	2510 m	Lodge
07	Dovan - Machapuchre B.C.	3700 m	Lodge
08	Machapuchre B.C. - Annapurna B.C.	4130 m	Lodge
09	Annapurna B.C. - Himalaya.	2870 m	Lodge
10	Himalaya - Chomrong.	2170 m	Lodge
11	Chhumrung - Sauli Bazaar	1170 m	Lodge
12	Sauli Bazaar - Birethanti then drive to Pokhara	820 m	Meera Hotel
13	Rest day at Pokhara (Sightseeing of Pokhara city)	820 m	Meera Hotel
14	Pokhara – Kathmandu by tourist bus	1300 m	Nirvana Hotel
15	Day at leisure. Evening Fare well dinner	1300 m	Nirvana Hotel
16	Final departure		

### Cost of the Charity Trek:

Pax	2 – 3 pax	4 – 8 pax	9 -14 pax	15 – 25 pax
Cost per person	UKP 1,963	UKP 1,743	UKP 1,535	UKP 1,436

**NOTE: 40% of these costs go directly to Future For Nepal**

Optional Flight: Air fare Kathmandu – Pokhara (one way): UKP 50

**Cost Includes:**

- 4 nights accommodation in twin sharing BB basis in Kathmandu (Bed and Breakfast)
- Half day sightseeing of world heritage sites in Kathmandu, all entrance fee, transportation
- 2 night accommodation in twin sharing BB basis in Pokhara (Bed and Breakfast)
- Half day Guided sightseeing tour of Pokhara, all entrance fee and transportation
- Airport transfer as per the itinerary
- All meal during trek (Breakfast, Lunch and Dinner)
- Kathmandu – Pokhara by flight
- Pokhara- Kathmandu by tourist bus
- Transportation from trek initiation point to trek end point
- 1 Trekking guide & 1 Assistant guide
- Necessary Porter ( Luggage weight max. 15 kg)
- National Park Fee
- Insurance for trekking staff
- Daily wages for guide and porter
- Necessary equipment for trekking staff
- Fully loaded medical kit box
- Trekking kit bag

**Cost does not include:**

- International flight to Nepal
- Personal trekking equipment
- Insurance ( must cover helicopter rescue service)
- Lunch and dinner in hotel in Kathmandu and Pokhara
- Nepal Visa fee (US\$30)
- Airport tax both domestic (Rs.170) and international (Rs.1695)
- Soft drink and alcoholic beverages
- Laundry, telephone
- Any expenses of a personal nature
- Service not included herein

**For those interested:**

**For those interested in this charity trek, please send all inquiries to:**

**[inquiries@futurefornepal.com](mailto:inquiries@futurefornepal.com)**